

- CHILD HELP USA** ..... 1-800-4-A-CHILD  
[www.childhelpusa.org](http://www.childhelpusa.org)  
 24 hour hotline, crisis help for children and adults for treatment and prevention of abuse and neglect.
- CHILDREN'S JUSTICE CENTER** ..... 851-8554  
 315 S. 100 E., PROVO  
[www.utahcountyonline.org/Dept/CJC/index.asp](http://www.utahcountyonline.org/Dept/CJC/index.asp)  
 Therapy referrals/funding for child and family abuse.
- FAMILY SUPPORT AND TREATMENT CENTER** ..... 229-1181\*  
 1255 N. 1200 W., OREM  
[www.utahvalleyfamilysupport.org](http://www.utahvalleyfamilysupport.org)  
 24 hour a day abuse prevention/drop-off center for parents. Individual and group therapy.
- ISAT SPECIALIZED ABUSE TREATMENT CENTER** ..... 373-0210\*  
 Protective Services
- PROTECTIVE SERVICES (DCFS)**  
 After hours ..... 378-8281\*  
 578 E. 300 S., AMERICAN FORK ..... 492-3320\*  
 1106 N. 1200 W., OREM ..... 224-8575, (ext 203)\*  
 150 E. Center, PROVO ..... 374-7005\*  
[www.hdcfs.state.ut.us](http://www.hdcfs.state.ut.us)  
 Treatment and referrals for child/adult abuse and neglect.

## Pregnancy Assistance

- BABY YOUR BABY HOTLINE** ..... 1-800-826-9662\*
- BABY YOUR BABY** ..... 851-7033  
 151 S. University Ave., suite 2400, PROVO  
[www.babyourbaby.org](http://www.babyourbaby.org)  
 Temporary Medicaid program that covers prenatal services.
- HOSPITAL CHILD BIRTH CLASSES**  
 Sign up about 3 months before due date; enrollment fee.  
 IHC Hospitals ..... 714-3327  
 Mountain View Hospital ..... 485-7090  
 Timpanogos Hospital ..... 714-6336
- MARCH OF DIMES** ..... 801-746-5540\*  
 747 E South Temple St. Suite 120, SALT LAKE CITY  
[www.marchofdimes.com](http://www.marchofdimes.com)  
 Teen pregnancy/prenatal classes, info & videos to checkout.
- MEDICAID**  
 See Medicaid under "Medical Resources"
- PREGNANCY RESOURCE CENTER** ..... 221-2591\*  
 343 E. University Parkway, OREM  
[www.pregnancycenter.net](http://www.pregnancycenter.net)  
 Pregnancy testing/counseling for unplanned pregnancy; donated items such as maternity clothes, 0-5 year old.
- PREGNANCY RISKLINE** ..... 1-800-822-2229\*  
[www.pregnancyriskline.org](http://www.pregnancyriskline.org)  
 Questions about risk to baby in pregnancy & breastfeeding.
- PREGNANCY TESTS**  
 IHC Hospitals (Laboratory) ..... 357-7021\*  
 Mt Timpanogos Women's Health Care (free) ..... 756-5288\*  
 1886 W. 800 N., PLEASANT GROVE  
 New Beginnings, Nurse Midwife Care (free) ..... 714-3388\*  
 527 W. 400 N., suite #4, OREM  
 Pregnancy Resource Center, OREM (free) ..... 221-2591\*  
 1156 S. State Street #204, OREM
- THE GATHERING PLACE** ..... 226-2255  
 251 E. 1200 S., OREM  
[www.gatheringplace.org](http://www.gatheringplace.org)  
 FREE class for mothers-to-be/mothers of infants 0-6 months.

## Substance Abuse

- ALCOHOLICS ANONYMOUS, ALANON & ALATEEN** ... 375-8620  
 420 N 200 W Suite 6  
 Helps alcoholics and their families overcome alcoholism.

- PROMISE FOR WOMEN & FAMILIES** ..... 851-7696\*  
 151 S. University Ave, Suite 3200, PROVO  
[www.utahcountysubstanceabuse.org](http://www.utahcountysubstanceabuse.org)  
 Substance abuse treatment for women and their children.
- SUPPORT GROUPS - AA, Alanon, Alateen** ..... 375-8620  
 Spanish help ..... 602-9928\*  
 Utah Valley Central Office - 420 N. 200 W., suite 6, PROVO  
[www.utahvalleyaa.org](http://www.utahvalleyaa.org)  
 24 hour service for alcohol rehabilitation.
- THE GATHERING PLACE** ..... 226-2255\*  
 251 E. 1200 S., OREM  
[www.gatheringplace.org](http://www.gatheringplace.org)  
 Individual and group therapy for sexual abuse, drugs/alcohol.
- THE HOUSE OF HOPE** ..... 373-6562\*  
 1726 S. Barkley Ln., PROVO  
 Inpatient substance abuse treatment for mothers with children.
- UTAH COUNTY DIV. OF SUBSTANCE ABUSE** ..... 851-7127\*  
 151 S. University Ave., suite 1500, PROVO  
 Provides services for overcoming substance abuse.

## Transportation

- HOLY CROSS MINISTRIES** ..... 1-801-908-0293\*  
 2570 W. 1700 S., SALT LAKE CITY  
[www.holycrossministries.org](http://www.holycrossministries.org)  
 Transportation; Spanish translation; ESL, prenatal & life skills classes; immigration legal services.
- UTA BUS** ..... 374-9517\*  
 Paratransit contact information ..... 696-0337\*  
[www.rideuta.com](http://www.rideuta.com)  
 Transportation system. Reduced fare for disabled, seniors.
- UTAH VALLEY PARATRANSIT** ..... 374-8306\*  
 815 S Freedom Blvd, PROVO  
[www.unitedwayuc.org](http://www.unitedwayuc.org)  
 Services for the disabled who can't ride buses.

## Utilities/Energy/Heating

- H.E.A.T. PROGRAM** ..... 377-0066 ext 249  
 815 S. Freedom Blvd., PROVO  
<http://dced.utah.gov/community/heat.html>  
 Assist with heating and electricity.
- R.E.A.C.H. (American Red Cross)** ..... 373-8580\*  
 865 N Freedom Blvd., PROVO  
<http://mountainvalley.redcross.org> or [redcross.org](http://redcross.org)  
 Assistance with emergency heating and public utilities.
- STATE ENERGY OFFICE** ..... 1-800-862-3833\*  
[www.energy.utah.gov](http://www.energy.utah.gov)  
 Provides information regarding conserving energy.
- THE WEATHERIZATION ASSISTANCE PROGRAM** ..... 373-8333  
<http://www.co.utah.us/Dept/Hauc/Weather.asp>  
 Free weatherization for those who are income eligible.

## Other

- CTR - COMMUNITY THRIFT & RELIEF** ..... 377-7676  
 515 N. Univ. Ave., PROVO
- DESERET INDUSTRIES** ..... 373-7920\*  
 1415 N. State, PROVO
- UNITED WAY (main line)** ..... 374-2588\*  
 (Information and referral center) ..... 374-8400  
[www.unitedwayuc.org](http://www.unitedwayuc.org)  
 Provides information and referrals to individuals
- UTAH CARES** .....  
[www.utahcares.utah.gov](http://www.utahcares.utah.gov)  
 Connects people with services.

# COMMUNITY REFERRALS

Produced by Utah County WIC  
 Updated July 2007  
 \*Spanish-speaking staff available

## WIC WEBSITES:

[www.utahcountyonline.org/Dept/Health/WIC/index.asp](http://www.utahcountyonline.org/Dept/Health/WIC/index.asp)  
<http://health.utah.gov/wic/>

## Breastfeeding

### BREASTFEEDING.COM

[www.breastfeeding.com](http://www.breastfeeding.com)

Information and product information about breastfeeding.

### IHC LACTATION CONSULTANTS

 ..... 714-3349\*

Questions and assistance with breastfeeding. Electric pump rental.

### IHC PRENATAL BREASTFEEDING CLASS

 ..... 714-3324

Lactation Clinic 527W 400N Suite 3

[www.ihc.com](http://www.ihc.com)

Breastfeeding class at a low cost of \$10.

### LA LECHE LEAGUE

 ..... 1-801-264-5883\*

[www.la lecheleague.org](http://www.la lecheleague.org)

Information and product information about breastfeeding.

### MISSOURI DEPARTMENT OF HEALTH

<http://www.dhss.mo.gov/breastfeeding/info.html>

Breastfeeding information and online learning modules.

### WIC BREASTFEEDING SUPPORT LINE

 ..... 851-7312\*

<http://www.utahcountyonline.com/Dept/Health/WIC/BreastFeed.asp>

Assistance with breastfeeding by Lactation Specialists, infant growth follow-up, hand and electric breast pumps.

### WOMEN'S HEALTH.GOV

 ..... 1-800-994-WOMAN (9662)\*

<http://www.4women.gov/breastfeeding>

Breastfeeding information. Helpline 9 a.m.-8 p.m. EST.

## Children/Family Services

- CENTER FOR SERVICE AND LEARNING** ..... 422-8686  
 2330 WSC - BYU, PROVO  
<http://centerforservice.byu.edu>  
 Big Brother / Big Sister Program
- CHILD CARE RESOURCE AND REFERRAL MOUNTAINLAND**  
 Local area ..... 801-863-8220\*  
 Outside of local area ..... 1-800-952-8220\*  
 800 West University Parkway, OREM  
[www.unvc.edu/ccr/](http://www.unvc.edu/ccr/)  
 Free referrals for childcare to parents
- CHILD CAR SEAT PROGRAM** ..... 851-7035\*  
 151 S. University Ave., suite 2700, PROVO  
 Classes Wed. Low cost toddler car seats, not infants. Must be on Medicaid, WIC, or food stamps.
- COMMON BOND** ..... 357-4504  
[www.ihc.com/wp/ihc/americanfork/classesevents/classes/supportL.html](http://www.ihc.com/wp/ihc/americanfork/classesevents/classes/supportL.html)  
 Support for parents who have lost children, parents of kids with disabilities, parents with babies in NBICU.
- EARLY CHILDHOOD DEVELOPMENT**  
[www.earlychildhood.com](http://www.earlychildhood.com)  
 Child development/activities resource for parents.
- KIDS ON THE MOVE (Alpine School District)** ..... 221-9830\*  
 475 W. 260 N., OREM  
[www.kotm.org](http://www.kotm.org)  
 Early intervention program for disabled children 0 - 3 yrs.