

# MRS. GARDINER'S DANCE CLASS

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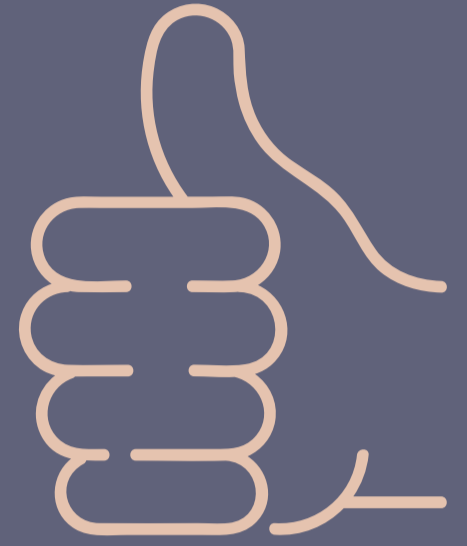
## EXPECTATIONS:



Be prepared  
Arrive on time  
Phones away



Participate  
Stay on task  
Work hard



Respect Others  
Try your best  
Have FUN!

## COURSE DESCRIPTION

Through daily exercises, students will have the opportunity to learn, practice, perform, and choreograph different styles of dance. This class allows students to explore the fine art of dance movement, as well as improve balance, strength, flexibility and endurance.

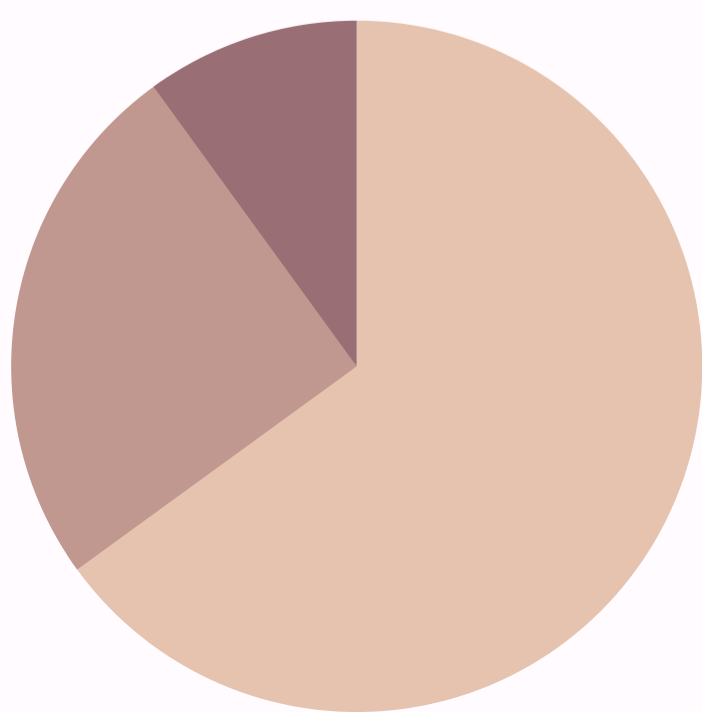
## WHAT IS CLASS LIKE?

- Warm Ups
- Basic Technique
- Routines
- Improvisation
- Choreography
- Rhythm & Counting
- and more!

## GRADES:

Mastery Skills  
25%

Teamwork  
10%



Participation  
65%

We will be dancing  
to popular school  
appropriate music.

