

6TH GRADE HEALTH

WELCOME

Welcome to 6th grade Health. According to Utah Education Network, "Health Education in sixth grade uses the knowledge and skills students have learned by practicing and applying healthy behaviors." We will focus on the six different strands which include: **health foundations, mental/emotional health, safety and disease prevention, substance abuse prevention, nutrition, and human development.**

MRS. NIELD CONTACT:

Email: rilee.nield@nebo.edu
(preferred)

Come see me anytime before or after school if you have any questions or concerns that you don't want to discuss during class

MY EDUCATIONAL PHILOSOPHY

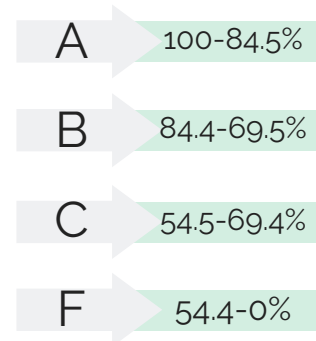
Health education is important because it helps us to succeed in every other aspect of our life as well. I want my students to be able to relate to the subjects that are taught and apply them to their own lives. I want to encourage and inspire them to actively live their own lives as well and do things they enjoy outside of school. Health education is a need in one's life and I want to be a part of that journey with them.

CLASSROOM MATERIALS

- Pencil or Pen
- A positive attitude

GRADING:

Grading is based upon assignments and class participation Points earned will be put into a percentage and grades will be based on that.



MISSING/LATE WORK

1. If a student misses class, it is the **student's responsibility** to get with me either before or after class to make up what was missed.
2. Missing work must be turned in **before** the final week of the term, **no expectations.**
3. Late work will be accepted but please try to turn things in on time.
4. If you know you are going to be missing or going on vacation, please meet with me **before you leave** so you will not fall behind.
5. If you miss school, please check the **absent folder** in the classroom to make-up what you missed.

DISCIPLINE POLICY

1. **Be prepared and stay on task:** Students must bring a writing utensil every class period and only work on assignments from this course.
2. **Be on time and respectful:** Students should be in their seat when the bell rings and should follow directions that are on the board.
3. **No food or drink allowed:** A water bottle is okay.

ANY INFRACTION OF THESE POLICIES WILL BE DEALT WITH ON A PERSONAL BASIS FOLLOWING THE SCHOOLS DISCIPLINE POLICY.

CITIZENSHIP

Citizenship points will be deducted for breaking class and school rules. Students will start with 100 points and will be deducted if necessary. Students and parents will be made aware if points are being taken.

TECHNOLOGY POLICY

Please keep your mobile device in your backpack unless instructed to use it during class.

ATTENDANCE / TARDY POLICY

1. Students are expected to get all absences excused either by a parent or the school.
2. If you do walk in tardy, please do not make a scene and quietly find your seat.
3. Try not to make being tardy a reoccurrence, if it becomes a problem I will talk to you personally.

CHEATING / PLAGIARISM POLICY

1. If a student is found cheating, it will be dealt with on case to case basis. They also may be reported to the school for cheating.
2. If I find you using another student's work you, we will meet and it will be dealt with depending on the situation and you will need to re-do the assignment.
3. If you copy things from the internet, I will give you a warning and make you re-do the assignment with your own words.

MOVIES / CLIPS SHOWN IN CLASS

Throughout the semester I will be showing clips from the following movies;

- Inside Out, Zootopia, Monsters Inc., Encanto, Ratatouille, and Onward

Clips will be shown to further an understanding of a topic that we are discussing in class. If you have an concerns please let me know.

GUEST SPEAKERS

Throughout the semester there will be various guest speakers that will come into the classroom to teach the class about a specific topic. These speakers will be approved through the district and I will make sure to inform all parents and guardians through email before they come.