

7TH GRADE PE

WELCOME

Welcome to 7th grade PE. According to Utah Education Network, "The goal of physical education is to develop healthy, responsible students who have the knowledge, skills, and dispositions to work together in groups, think critically, and participate in a variety of activities that lead to a lifelong healthy lifestyle." We will focus on various skills and sports which include but are not limited to: **soccer, basketball, volleyball, pickleball, badminton, archery, spikeball, Frisbee golf, hockey, land paddling, yoga, etc.**

MRS. NIELD CONTACT:

Email: rilee.nield@nebo.edu
(preferred)

Come see me anytime before or after school if you have any questions or concerns that you don't want to discuss during class

MY EDUCATIONAL PHILOSOPHY

Health and physical education is important because it helps us to succeed in every other aspect of our life as well. I want my students to be able to relate to the subjects that are taught and apply them to their own lives. I want to encourage and inspire them to actively live their own lives as well and do things they enjoy outside of school. Health education is a need in one's life and I want to be a part of that journey with them.

CLASSROOM MATERIALS

- Clothes and shoes that you can fully and safely participate in
- A positive attitude

GRADING:

Grading is based upon assignments and class participation Points earned will be put into a percentage and grades will be based on that.

A 100-84.5%

B 84.4-69.5%

C 54.5-69.4%

F 54.4-0%

MISSING/LATE WORK

1. If a student misses class, it is the **student's responsibility** to get with me either before or after class to make up what was missed.
2. Students can miss **5 class periods** without having to make up participation points.
 - a. To **make up participation points**, students will need to be active for 30 minutes and fill out a participation make-up quiz on canvas. I will also need a parent or guardian to email me, confirming the student did the make up work.
3. Participation points and missing work needs to be made up the **week before** the term ends, **no expectations**.
4. Late work will be accepted but please try to turn things in on time.

DISCIPLINE POLICY

1. **Be prepared and participate:** Students are expected to participate for the duration of the entire class period. Full participation includes wearing appropriate shoes, not being on a cell phone, good sportsmanship, and being respectful to all.
2. **Be on time and respectful:** Students should be in their seat when the bell rings and should follow directions that are on the board.
3. **No food or drink allowed:** A water bottle okay, but no food is allowed in the gyms.

ANY INFRACTION OF THESE POLICIES WILL BE DEALT WITH ON A PERSONAL BASIS FOLLOWING THE SCHOOLS DISCIPLINE POLICY.

CITIZENSHIP

Citizenship points will be deducted for breaking class and school rules or being disrespectful. Students will start with 100 points and will be deducted if necessary. Students and parents will be made aware if points are being taken.

TECHNOLOGY POLICY

Please keep your mobile device in your backpack unless instructed to use it during class.

ATTENDANCE / TARDY POLICY

1. Students are expected to get all absences excused either by a parent or the school.
2. If you do walk in tardy, please do not make a scene and quietly find your seat.
3. Try not to make being tardy a reoccurrence, if it becomes a problem I will talk to you personally.

I AM LOOKING FORWARD TO THIS SEMESTER AND WORKING TOGETHER TO ACHIEVE GREATNESS.