

For every dollar invested...
 in prevention services,
 the savings is between \$7.70 and \$36
 with an average savings of \$18
 to the Community.

(SAY THIS! Bulletin 7/24/09)



Education is the cornerstone
 of our Communities
 and our Country.
 -- Bill Frist

Too often we underestimate
 the power of a touch,
 a smile,
 a kind word,
 a listening ear,
 an honest compliment,
 or the smallest act of caring,
 all of which have the potential
 to turn a life around.

-- Leo Buscaglia

911

Emergency Numbers

All Utah County Emergency Services 911
 Highway Patrol 1-801-887-3800
 Poison Control 1-800-456-7707
 Utah County 24-hour Crisis Line 801-373-7393

General Information

Community Resources 211
 Road & Weather Conditions 1-800-492-2400
 Time & Temperature 801-373-9120
 United Way, Information & Referral 801-374-6400
 United Way, Volunteer Center 801-374-8108
 USU Extension Services 801-851-8460
 Utah County Info Desk 801-851-8511
 Utah Valley Conven. & Visit. Bureau 801-851-2107

www.CleanouttheCabinet.org
 www.UtahCountyHealth.org

Utah County
 Community Resource Guide



Published By:
 Utah County
 Division of Substance Abuse
 151 South University Avenue, Suite 3200
 Provo, UT 84601
 801-851-7127

Transient/Homeless

Community Action Agency 801-373-8200
 Deseret Industries 801-373-7920
 Food & Care Coalition 801-373-1825

Transportation

Ride Share (transportation options) 801-287-2062
 United Way (elderly & handicapped) 801-374-2588
 Utah Transit Authority (UTA) 801-743-3882
 Utah Valley Para-Transit 801-374-9306

Unwed Parents

Children's Aid Society 1-800-273-8671
 LDS Family Services 801-422-7620
 East Shore High School 801-227-2440
 Planned Parenthood 801-226-5246
 Young Mothers High School (Provo) 801-374-4840

Veterans (active duty, Military & others)

Community Based Outpatient Center, Orem 801-235-0953
 Family Assistance Center Orem 801-722-6913
 Spanish Fork 801-794-6011
 Veterans Center, Provo 801-377-1117

Youth Services - General

Boy Scouts of America 801-373-4185
 Boys & Girls Club 801-370-4615
 4-H Clubs of Utah County 801-851-8470
 Girl Scout Council 801-224-9852
 Head Start (pre-school for low-income) 801-375-7981

Youth Services - Problem

Utah County Division of Substance Abuse 801-851-7127
 Fourth District Juvenile Court Provo 801-354-7200
 Orem 801-764-5820
 American Fork 801-765-8941
 Spanish Fork 801-891-4780

Division of Juvenile Justice Services 801-804-0100
 Runaway Hotline—1-800-Run-away 1-800-786-2929
 Wasatch Mental Health, Youth Services 801-229-3800
 Wasatch Mental Health, Youth Services 801-229-3800
 Vantage Point 801-772-1213
 801-373-2215

Education

Alpine School District 801-756-8400
 Provo School District 801-374-4800
 Nepo School District 801-374-7400
 Proved Read 801-851-8554
 Utah Valley University 801-863-8000
 Adult & Community Education 801-863-8012
 Brigham Young University 801-422-4636
 East Shore High School 801-227-2440
 Landmark High School 801-798-4030
 Independence High School 801-374-4920

Employment

Workforce Services 801-342-2800
 Division of Rehabilitation Services (Voc. Rehab) 801-374-7724

LDS Employment Resource Services

Provo 801-818-6161
 American Fork 801-1756-6079
 Springville 801-491-1739
 Mountainlands Association of Governments 801-229-3800
 Turning Point (UVU Center for Career Development) 801-863-7580

Family Help - Parenting

Baby Your Baby 801-851-17033
 Foster Grandparents Program 801-851-17784
 LDS Family Services 801-422-7620
 Women, Infants, & Children (WIC) Provo 801-851-17300
 Orem 801-851-17340
 North County 801-851-7320
 South County 801-851-17360

Financial Services

Office of Recovery Services 801-374-7233
 Workforce Services www.jobs.utah.gov 801-342-2600
 Eligibility www.utahhelps.utah.gov 1-866-635-7414

Food Services

Community Action Agency (Food Bank) 801-373-8200
 Food Stamps - Workforce Services 801-342-2600
 Food & Care Coalition 801-373-1825

Abuse-Assault/Rape

Center for Women & Children in Crisis 801-374-9351
 Hotline - weekdays & evenings 801-377-5500
 Rape Crisis 24 hour Hotline 801-356-2511
 Children's Justice Center 801-851-8554
 Family Support & Treatment Center 801-229-1181
 Child Abuse Reporting (DCFS Intake) 801-374-7005
 Hotline 801-376-8261

Adoption

Adoption & Foster Care, DCFS 801-374-7005
 Children's Aid Society 1-800-273-8671
 LDS Social Services (Provo) 801-422-7620

Alcohol, Tobacco, & Other Drugs

Alcoholics Anonymous/Alano/Alateen 801-375-8620
 Narcotics Anonymous 801-687-6292
 Utah County Division of Substance Abuse 801-851-7127
 Assessment Center 801-1851-1728

Consumer & Legal Services

Chamber of Commerce (Provo-Orem) 801-379-2555
 Labor Commission 1-800-530-6990
 Legal Center for Victims of Domestic Violence 801-375-1031
 USU Extension Service 801-851-8460
 Utah Legal Services, Inc. (Low Income) 801-374-6766

Counseling/Mental Health

Wasatch Mental Health 801-373-4760
 Crisis Line 801-374-7393
 LDS Family Services 801-422-7620
 BYU Comprehensive Clinic 801-422-7759
 Div. of Rehabilitation Services (Voc. Rehab) 801-374-7724
 DSPD, DCFS 801-374-7005
 Kids on the Move 801-221-9950
 Farrer Elementary & Preschool 801-374-4915
 Provo Early Education (PEEP) 801-374-9855
 Recreation & Rehabilitation Services--disabled 801-374-8074
 Respite Care of Utah County, Inc. 801-374-2510
 Utah Schools for the Deaf & Blind 1-800-990-9328
 Utah State Developmental Center 1-800-722-1589
 801-753-4000

Meals on Wheels (meals for homebound)

Utah State University Extension Services 801-851-16640
 Women, Infants, & Children (WIC) Provo 801-374-4800
 Orem 801-851-17340
 North County 801-851-17320
 South County 801-851-17360

Health Services

American Red Cross (First Aid, HIV/AIDS) 801-373-8580
 CHIP (Children's Health Insurance Program) 1-888-222-2542
 Community Nursing Service (home care) 801-224-8138
 Health Clinics of Utah (formerly UMAP) 801-374-7011
 March of Dimes (promoting healthy babies) 801-1746-5540
 Utah County Health Department 801-851-17000
 Workforce Services 801-342-2800

Hospitals & Health Centers

American Fork Hospital 801-855-3300
 Timpanogos Regional Hospital 801-714-6000
 Orem Community Hospital 801-224-4080
 Utah Valley Regional Medical Center 801-557-7850
 Mountain View Hospital (Payson) 801-465-9201
 Utah State Hospital (psychiatric care) 801-344-4400

Housing

Community Action Agency (shelter, rent) 801-373-8200
 Food & Care Coalition 801-373-1825
 Habitat for Humanity of Utah County 801-224-8527
 Provo Housing Authority (rent subsidy) 801-852-7080
 Utah County Housing Authority (rent assistance) 801-851-8060

Senior Citizens

Adult Protective Services, DCFS 801-374-7878
 Community Action Agency 801-373-8200
 Meals on Wheels (meals for homebound) 801-229-3800
 Mountainlands Assoc. of Governments 801-229-3800
 Retired Senior Volunteer Program (RSVP) 801-229-3800
 Senior Companion Program 801-229-3800
 Social Security Administration toll free 1-800-772-1213
 Provo office 801-373-5651